

Dear Client,

This is an update of the measures taken at obstetric care in Haarlem and Haarlemmermeer with regard to the Corona virus. The various national organizations and professional organizations have made adjustments and have tightened up the policy regarding the Corona virus. We follow these closely. The most important things:

- The period of validity of the aforementioned adjustments in our healthcare has now been provisionally extended to 6 April.
- We ask you to take into account that we can call you in the days before or after the consultation hour, this can be either with the practice number or with a protected number.
- When you are at the consultation hour, we will provide you with a printed version of your pregnancy card, so that every care provider can see your medical data properly.
- The Laboratories are certainly still safe to visit. The standard blood tests and the tests on indication can continue as normal.
- The agreements for the medically required ultrasounds will continue. For the time being, your partner may still accompany you, but it cannot be ruled out that, with the possible tightening of the national measures, we will also have to adjust this at a later time.
- Only your partner is welcome at the birth at home or in the hospital. The second person who was previously welcome has as of now been cancelled. Unfortunately, this also applies to a birth photographer or a doula.
- We urge you not to receive any visits during maternity week. This for your own safety, and that of your baby, but also for the continuity of maternity care and obstetric care for the rest of the pregnant women in Haarlem and Haarlemmermeer.
- During maternity week, we do maternity visits as much as possible by telephone or via video calling. Of course we are easily accessible for consultation and will still do our visits physically on medical indications. Please inform us in advance if any one of your family members has flu symptoms.
- Your personal midwives practice will send an e-mail with instructions about possible video-conferencing.

Enclosed please find the frequently asked questions about the Coronavirus and pregnancy and a visual overview of the measures taken.

We understand that the extra measures cause inconvenience and that care is not always the most pleasant care today. We again hope for your understanding. We hope to be able to guide you in the safest way during this special period of your life.

Kind regards,

Cooperative Midwives Haarlem and More



